



Family Resources in Your Community

Hillside Family Empowerment Network

FEN offers parent education, resources, and advisory opportunities for any family who has ever been involved in a Hillside program or service.

Kathy Holmes, Director of Family Driven Care
585-256-7500 or info@hillside.com

Megan Henry, Manager
585-256-7500 or info@hillside.com

Christie Ingram, Supervisor & FEN Coordinator
585-256-7500 or info@hillside.com

Lacey Natello, Manager
585-256-7500 or info@hillside.com

NYS Office of Mental Health

OMH Western Region

737 Delaware Avenue, Suite 200
Buffalo, NY 14209
Fax: 716-885-4096
Serving Allegany, Cattaraugus,
Chautauqua, Chemung, Erie,
Schuyler, Seneca, Steuben,
Tompkins and Wayne counties

Jean M. Sadowy, LMSW
Child and Family Field Coordinator
Office: 716-533-4181
Cell: 716-432-4219
jean.sadowy@omh.ny.gov

Pam Brannan
Western Region Parent Advisor
Office: 716-533-4079
Cell: 716-517-1905
pamela.brannan@omh.ny.gov

OMH Central Region

Glady Smith
Director, Children & Family
Services
315-426-3949
glady.smith@omh.ny.gov

Susan Lewis
Parent Advisor: Broome, Cayuga,
Chenango, Cortland, Delaware,
Madison, Onondaga, Oswego and
Otsego counties
315-426-3936
susan.lewis@omh.ny.gov

Kathleen Liedka
Parent Advisor: Clinton, Essex,
Franklin, Fulton, Hamilton,
Herkimer, Jefferson, Lewis,
Montgomery, Oneida and St.
Lawrence counties
315-426-3944
kathleen.liedka@omh.ny.gov

Nicole Hall
Children & Youth Specialist
315-426-3934
nicole.hall@omh.ny.gov

Hospitals with Children's Psychiatric Units

Eastern Niagara Hospital, Lockport (serving youth ages 5-17)	716-514-5700
Bry Lin, Buffalo (serving youth ages 5-17)	716-886-8200
Cayuga Medical Center, Ithaca (serving youth ages 12-17).....	607-274-4011
Women's Christian Association, Buffalo (serving youth ages 5-17)	716-487-0141
Erie County Medical Center, Buffalo (serving youth ages 12-17)	716-898-3000
Strong Memorial Hospital, Rochester (serving youth ages 5-17)	585-275-4501
Finger Lakes CPEP at Clifton Springs Hospital (serving youth ages 5-17)	800-310-1160

NYS Office of Alcoholism and Substance Abuse Services

Western Region

Serving Allegany, Cattaraugus, Chautauqua, Erie,
Genesee, Niagara, Orleans and Wyoming counties
295 Main Street, Suite 577
Buffalo NY 14203-2412
716-847-3037

Central Region

Thomas Davis: thomas.davis@oasas.ny.gov

NYS Office for People with Developmental Disabilities

Beth Astramskas: beth.astramskas@opwdd.ny.gov
Sarah Fredericks: sarah.l.fredericks@opwdd.ny.gov
John Lenhart: john.lenhart@opwdd.ny.gov

Families Together of New York State

Serving Cayuga, Cortland, Herkimer, Madison, Onondaga, Oneida, Oswego counties
888-326-8644 or info@ftnys.org

Family Support in Central New York

120 Airline Street, Suite 200
Oriskany NY 13424
Elaine Angwin: 866-580-1672 or eangwin@ocgov.net

Allegany County Mental Health Director

Robert Anderson, PhD: 585-593-1991 or robanders6@gmail.com

Allegany County Single Point of Access (SPOA)

Lindy White, LMSW, Assistant Director of Community Services and SPOA Coordinator: 585-593-1991 or
whitell@alleganyco.com

Allegany Rehabilitation Associates

4220 State Route 417 West
Wellsville NY 14895

Walk-in Crisis Service: 585-593-6300
M 8am – 5pm; T/W/Th 8 – 7pm; F 8am – 4pm
24/7 Crisis Hotline: 888-448-3367

Allegany County Department of Social Services

Vicki Grant, Commissioner of Social Services: 585-268-9622
vicki.grant@dfa.state.ny.us